

“Let’s Put Away Our Phones”
music by Rick Bassett, lyrics by Bill Nelson

Studies have indicated that reducing the time spent looking at social media helps to alleviate depression.

Let’s put away our phones.
Hide them in the drawer, baby.
Then we’ll take our time to say hello.
Let’s put away our phones.
Find out how our day’s been going.
Tell each other ‘bout it nice and slow.

Let’s slow down.
I’ve got food we’ll cook together.
We don’t need nobody else around.
We’ll stay home,
Make a kitchen mess together.
Laughter and linguini will abound.

Let’s put away our phones.
Facebook doesn’t need our photo.
I’ll remember just the way you look.
I feel it in my bones
We’ll be glad we started something
And be glad for all the time we took. Woa ...

The world can be a crazy place,
And people say it’s plain getting crazier.
And soon we’ll log in to cyberspace
With just our thoughts—a brain power interface,

And soon there’s gonna be real cause
To think that the robots will take all control.
‘Least we still know how to take a pause,
And not lose track of the way to get back,

So let’s put away our phones.
Find out just how sweet this life is
When we sit still goin’ with the flow.
We’ll live with the unknowns.
Google’s tucked in bed this evening.
Candlelight is all that’s gonna glow.

Let's slow down.
Let's slow down.
Let's slow down.
Let's slow down.

Let's put away our phones ...
Let's put away our phones ...
Let's put away our phones ...
Let's put away our phones ...
(*spoke to audience:*) Everybody!
Let's put away our phones ...
Let's put away our phones ...

Let's put away our phones.
Find out just how sweet this life is
When we sit still goin' with the flow. Oh oh oh oh!
(*back-ups sing this line alone:*) We'll live with the unknowns.
Twitter's tucked in bed this evening.
Candlelight is all that's gonna glow.

Let's put away our phones.
Instagram's in bed this evening.
Candlelight is all that's gonna ... glow.